How do I find an acting teacher?

The relationship between actor and teacher is very personal, and in the best cases profoundly transformative. Great training can an actor make; poor training can an actor break. In choosing the teacher that’s right for you, you should ask: What is their teaching philosophy, methodology, and artistic belief system?

Studying acting is an investment in your artistry, your career, and your livelihood. You deserve to know who your teacher is before you enter class. Every teacher has a different approach even if they use the same “method.” Do your research. Ask people you trust. Google your teachers. And follow your intuition.

Word of mouth is the single best way to find a teacher who shares your artistic values. Look to actors whose work moves you, and find out about their training.

As a casting director for film and TV, I’ve seen thousands of auditions and can identify the style markers of different teachers in his or her actors. Therefore, I am as interested in training methods as I am in acting methods. My firm belief is that every actor is unique, and to honor that, you must find a teacher uniquely right for you.

Remember, the right actor-teacher relationship can be as gratifying as anything in life. It’s enriching, affirming, and everything that art should be. This is the goal when I teach, the goal when I hire teachers, and what I wish for every actor.